

## THE RIGHT WAY TO TAKE YEAST

With Iron, in Tablet Form, as Embodied in "Ironized Yeast"

Thin, Weak, Nervous and Dyspeptic People Find That It Brings Better and Quicker Results

When Yeast is combined with Organic Iron, as in Ironized Yeast, you have a tonic and revitalizer in one.

Yeast with its vitally necessary vitamins aids in building flesh, soothing the nerves, strengthening the muscles, promoting digestion and clearing the skin.

But for QUICK and thorough results the blood should be enriched and made stronger in order that it may quickly carry these wonderful vitamins and other food elements to the wasted flesh, the tired nerves and the weakened muscles.

That is why Ironized Yeast contains the great blood tonic, organic iron, which is

easily assimilated by the system, and which is found in limited quantities in spinach and raisins and certain other health-building foods. When this kind of iron is used the seemingly marvelous results of yeast are often obtained in HALF THE USUAL TIME.

If you are nervous, underweight, suffer from lassitude, weakness, indigestion, poor skin, if mental and physical exertion is a burden, start today to take Ironized Yeast. Join the thousands who have already taken this path to normal weight, to abounding energy, health and vitality.

Ironized Yeast will keep indefinitely and costs no more per dose than common yeast. Each package contains 10 days' treatment and costs only \$1.00—or just 10¢ a day. Special directions for children in each package. Sold at all druggists.

For sale by People's Drug Stores and good druggists everywhere.

**IRONIZED YEAST**

Tablets

HIGHLY CONCENTRATED VITAMINE TONIC

## BLACK SEA SCENE OF BITTER STRIFE

Area of Disputation Between Turks and Greeks, Following Sevres Treaty.

"Because the Turkish nationalists, rebelling at the treaty of Sevres, which stripped the old Ottoman empire of the bone, and the Greeks, who profited heavily by the document, are fighting it out in the near east, the Black Sea and its gates are again a field of world events," says a bulletin issued by the National Geographic Society.

"The treaty, which practically ended Turkish power in Europe, made an entirely new entity, known as the Zone of the Straits, out of the narrow waters that separate Europe and Asia Minor—the Dardanelles, the Sea of Marmora and the Bosphorus—and their shores. Over this was placed an international commission. The door which had so long been kept closed by the Turks when they desired, to the detriment of commerce, was to be flung wide open to permit the passage of ships of trade or war belonging to any nation. That this has already been accomplished in a measure is shown forcibly by recent dispatches stating that Greek warships—barred from the Black Sea since the prosperous days of Byzantium—are again sailing its waters and have shelled towns held by the rebellious Turks.

Thousands of Years in History. "For thousands of years history and tradition have been busy about this chain of waters, from the mouth of the Dardanelles at the tip of the Gallipoli peninsula to the point, nearly 200 miles to the northeastward, where the narrower Bosphorus sucks its mighty stream from the Black sea. Tradition has it that Jason and his fellow searchers for the golden fleece passed through the straits, and later hardy Greek seafarers and colonists, and after them Romans and Genoese built great cities on their shores and established over their waters the world-important trade routes of their days.

"The Dardanelles, or the Hellespont, as the Greeks called it, is the longer of the two great salt-water rivers that separate Europe from Asia Minor. It winds its way from the Aegean sea with two sharp turns and numerous gentler curves for forty miles before it expands into the Sea of Marmora, the Grecian propolis. The strait varies in width from a little over three-fourths of a mile to five miles. On the European side rises the steep ridge of Gallipoli, where large numbers of Australians and New Zealanders perished while seeking to seize the Dardanelles. On

the Asiatic side lies the plain in which stood old Troy.

Known as "The Sea of Cities."

"The Hellespont leads, is about 140 miles in length and forty miles wide at its greatest width. It is thus somewhat smaller than Lake Ontario, the smallest of our great lakes. But though relatively small, the Marmora in its time has been the center of the world. Probably about no other body of water of such size have so many important cities stood. Of these, Constantinople alone is of importance today; but living and dead cities cover the shores of practically every harbor and headland of the little sea. The settlements that still exist are not even the heirs of the great cities of yesterday, but rather ill-kempt interlopers that under Turkish domain occupied their sites.

"Typical of the ancient Marmora cities was Cyzicus, on the peninsula of that name on the southern shore of the sea. It was founded earlier than Rome or Byzantium and had a long life, possessed at various times by Athens, Sparta, Persia, Macedon, Pergamum and Rome. It was one of the finest of ancient cities in its prime and its gold coins were the standard of their day, as the florins of Florence became the standard in renaissance times. But when Byzantium, thanks largely to its incomparable location on the Bosphorus, rose to power the glories of Cyzicus faded. Today practically nothing is left of the once great city. Its buildings were not left to fall; they were torn down by Byzantines and after them by Turks, and the stones used in the construction of the latest and still flourishing metropolis of the straits.

Narrower Than the Dardanelles. "Though it is both narrower and shorter than the Dardanelles, the Bosphorus, third link in this chain of historic waters, is perhaps most important; for it is the immediate gate to and from the great Black sea, which reaches toward the heart of Europe. To command this strait is to command one of the great trade routes of the world, a fact which has been written deeply into history from the days of the early Greeks to those of the warring Turks. The strait is

about twenty miles long and varies in width from a third of a mile to two miles. Darius, Persian king, who invaded Europe, took his army over a bridge of boats which he had constructed across the Bosphorus. At its northern end the Bosphorus expands suddenly into the Black sea. This is no small sea comparable to one of our great lakes, but a great body of water 750 miles long and from 200 to 400 miles wide. If located in the northeastern portion of the United States it would cover all of the New England states as well as New York and Pennsylvania.

Tiny Remnant of Turkey-in-Europe. "More nations are now grouped around the Black sea than perhaps at any other time in history. On the European side of the mouth of the Bosphorus is the tiny patch that remains of Turkey-in-Europe. Next comes the new northern extension of Greece. Bulgaria and Rumania share the western end of the sea, Rumania holding the lion's share. Across the

north stretches the old Russian territory, which may contribute one or many nations to the Black sea family. To the east, their status equally questionable, the republics of Georgia and Armenia have a Black sea shore line, at least on paper. The whole of the rocky southern shore was allotted by the peace conference to Turkey. But it is not only the countries which have a Black sea frontage that are interested in that sea and its outlets to the south. The broad, navigable Danube, carrying the commerce of inland Austria, Czechoslovakia, Hungary and Yugoslavia to the Black sea, makes the final settlement in regard to this broad expanse of water a matter of vital interest to a large part of Europe."

OPEN FREE TRADE CONGRESS. AMSTERDAM, September 13.—The third international free trade congress was opened here today, by J. T. Cremer, former minister for The

Netherlands in the United States. Organizations from various countries were represented, including the Free Trade League of Boston.

On this day we don't care how much we lose—the idea is to crowd the store. Only with Coupons will these items be sold.

**TINNING BY COLBERT**

You may not need a New Roof for some time to come, if the present roof is properly repaired. Get our advice and estimate.

Colbert Service is quick service as well as satisfactory and economical service.

**MAURICE J. COLBERT**  
621 F Street Main 3010-3017

**IRONIZED YEAST**

Tablets

HIGHLY CONCENTRATED VITAMINE TONIC

**EIGHTY-THREE MEN**

in every hundred leave, when they die, only enough to meet their funeral expenses. You think more of your dependents than THAT.

A Savings Account with the Union Trust Company will go far toward making their future and your own secure.

2% paid on Checking and 3% on Savings Accounts

**UNION TRUST CO. OF THE DISTRICT OF COLUMBIA**  
Cor. 15th and H Sts. Northwest  
**EDWARD J. STELLWAGEN, PRESIDENT**

**My Wife's Gone to the Country**

And I will breakfast at the **BARBETHOLDI** Restaurant for Men—Across from the **COOLEST PLACE IN TOWN.** QUIET CLUB ATMOSPHERE.

**Exide BATTERIES**

**The First Automobile Starting Battery**

Not so long ago all automobiles were cranked by hand. The year 1911 saw the first car regularly furnished with electric starting and lighting equipment. It had an Exide Battery. Today millions of cars are Exide-equipped.

Not so long ago farms were lighted by kerosene lamps—dim and dangerous. And farm work, like pumping, churning, washing, was done by human hands. Now thousands of farms have the modern comfort and economy of electric light and power—and most of such plants have Exide Batteries.

The first automobile battery was made possible, and the successful farm lighting battery was made possible, through the experience of the manufacturers of Exide in building batteries for every industrial and government purpose since the beginning of the storage battery business.

The result of this experience is a battery for your car that gives the maximum combination of power, reliability, and long life.

Nearby there is an Exide Service Station that can be useful to you.

**EXIDE SERVICE STATIONS**

Factory Branch  
1823-33 L St. N.W.

Wherever you see this sign you can be confident of skilful repair work on every make of battery, and when you need a new battery, the right size Exide for your car.

**Visit the Nearest Exide Service Station**

**DISTRICT OF COLUMBIA**  
Washington, J. J. Bartram, 1204 New Hampshire Avenue  
Washington, Northeast Battery Shop, 1000 12th St. N.E.  
Washington, Willis B. Robinson, 824 12th St. N.W.

**VIRGINIA**  
Fredericksburg, Josiah P. Rowe, Jr., 217 Commerce Street

**KING GEORGE, KING GEORGE MOTOR COMPANY**  
Leesburg, Lambert Motor Company  
Mitchell, Harvey Carpenter  
Upperville, Conner, Central Garage  
Warrenton, Exide Battery Service Station

**MARYLAND**  
Indian Head, Roland J. Carpenter  
Takoma Park, Hendrick Motor Company

**Where Your Dollars Count Most**

**BEHREND'S Coupon Sale**

720-22-24 7th St. N.W.

Store Hours: Open 9:15 A.M. Close 6 P.M.

**COUPON 1**  
**Women's Serge Dresses**  
Brand-new Fall dresses of good serge in black and blue. New long-lined effects, beautifully embroidered, pocketed and belted. 16 to 44 sizes. **\$4.99**

**COUPON 2**  
**Boys' Cloth Pants**  
Fall and Winter Cloth Pants of serviceable materials, in brown and blue mixtures. Sizes 3 to 6 only. A great special at... **49c**

**COUPON 3**  
**Children's Stockings**  
Boys' and Girls' Substandard Black Ribbed Hose, made with double toes and heels. Sizes 5½ to 9½. Limit, 3 pairs... **9c**

**COUPON 4**  
**Babies' Undershirts**  
Pure White Ribbed Wrappers for babies. Nice, elastic quality and made with diaper tabs. Limit, 3... **8c**

**COUPON 5**  
**\$25 to \$40 Coat Suits**  
Women's and Misses' Fine Suits of Velour, Tricotine and Serge. New long and short waisted styles in richly embroidered and tailored effects... **\$17.90**

**COUPON 6**  
**39c and 50c Belts**  
Black, red and a few brown Belts in fashionable narrow widths; made with attractive buckles... **29c**

**COUPON 7**  
**\$1.50 Black Satin**  
All-silk High-lustered Black Satin—beautiful soft, rich face and especially good weight for dresses, jumpers, etc. 36 inches wide... **89c**

**COUPON 8**  
**\$1.00 All-Wool Serge**  
Firm, durable, double-warped worsted serge in navy, black, brown, taupe, garnet and tan. A remarkable wearing grade... **79c**

**COUPON 9**  
**\$12.50 to \$20.00 Women's Coats**  
Medium-weight Coats and Cape Coats for early Fall wear; garments that sold to \$20.00; some silk lined... **\$9.90**

**COUPON 10**  
**Children's Rain Capes**  
Water-proof Capes for girls to 14 years. Plain colors with plaid hoods and two side slit pockets... **\$1.69**

**COUPON 11**  
**25c Women's Hose**  
Lisle-finish Cotton Hose in light and medium weights for Fall and Winter wear; substandards of 25c grades... **14c**

**COUPON 12**  
**15c Dish Toweling**  
Good Heavy Quality Twilled Toweling for rollers and dish towels, with neat red border and very absorbent... **9c**

**COUPON 13**  
**45c 40-Inch Black Satine**  
Note the width then come and see the heavy weight of this 40-inch fast black satine for bloomers and other uses for children and women... **29c**

**COUPON 14**  
**\$3.00 Black Silk Waists**  
Women's Tailored Waists of splendid quality black satin; made with high and low collars and long sleeves... **\$1.94**

**COUPON 15**  
**\$1.50 Girls' Dresses**  
About 100 Dresses that sold to \$2.00; made of good quality gingham, in pretty colors and patterns. 4 to 12 years... **89c**

**COUPON 16**  
**Big Boys' Cloth Suits**  
School Suits for boys. Pretty dark novelty mixture cloth and made in popular Norfolk belted styles... **\$3.99**

**COUPON 17**  
**25c Dress Gingham**  
Just in time to make the children school dresses. Pretty plaids and stripes and every one fast colors... **14c**

**COUPON 18**  
**Babies' Dresses**  
Short and long dresses of nice quality nainsook; Bishop and embroidery yoke styles; some have embroidered ruffles, others lace trimmed... **44c**

**COUPON 19**  
**\$15 to \$20 Women's Silk Dresses**  
Taffeta Silk and a few Satin Dresses in new long-waisted styles, with sash belts and beautifully embroidered... **\$8.99**

**COUPON 20**  
**\$1.39 Men's Shirts**  
Good quality Percale Shirts, in negligee styles, with soft cuffs. Prettiest of striped patterns and colors. 14 to 17½ sizes... **88c**

**COUPON 21**  
**50c Shirting Madras**  
Get the men folks a Winter's supply of shirts now, when you can buy fast-colored stripe madras, 32 inches wide, at 50c instead of 50c... **23c**

**COUPON 22**  
**35c Yard-Wide Cretonne**  
In a big selection of large or small floral designs on light and dark grounds. Full 36 inches wide. Fine for comforts... **19c**

**COUPON 23**  
**\$15 Women's Rain Capes & Coats**  
New full-length Slip-over Capes and Automobile Style Coats in blue and tan; warranted rain-proof... **\$9.75**

**COUPON 24**  
**R & G Corsets**  
Well known Flesh and White R & G Corsets in new popular shape. Made with 4 supporters. 18 to 30 sizes... **98c**

**COUPON 25**  
**\$5.98 to \$10 Dress Skirts**  
All-wool Plaid Skirts and a few plain blue and black serge skirts in stylish pleated or novelty pocket styles... **\$3.99**

**COUPON 26**  
**Women's Velvet Tams**  
Fashionable Tams of good quality velvet, in pretty shades of black, navy and Alice blue and brown... **\$1.40**

**COUPON 27**  
**Boys' and Girls' Sweaters**  
For school and early fall wear, closely knit Coat Sweaters; made with shawl collar and pockets... **99c**

**COUPON 28**  
**Men's Sox**  
Black, Blue, Brown, Gray and White Hose, sub-standards of 25c qualities; all sizes... **9c**

**COUPON 29**  
**Jersey Silk Petticoats**  
Small lot of all-silk Jersey Undershirts; delightfully made with accordion pleated ruffle, ribbon trimmed... **\$1.84**

**COUPON 30**  
**\$10.00 Extra Size Skirts**  
Dress Skirts for extra big women requiring 32 to 40 waistlines. All-wool black and blue serge. Handsomest styles... **\$6.84**

**COUPON 31**  
**\$1.50 Party Boxes**  
All the new shapes, in black, brown, gray and blue leather Party Boxes. Nicely fitted and extremely attractive... **95c**

**COUPON 32**  
**Women's Gowns & Drawers**  
Nainsook Gowns in slip-over style, with colored stitched shirred points, and Good Quality Cotton Drawers, with cluster tucks and embroidery... **38c**

**COUPON 33**  
**39c Pink Bloomers**  
Women's Knit Flesh Bloomers, with elastic waist, and knee. Full cut sizes. Three to a customer... **19c**

**COUPON 34**  
**\$2.00 Longcloth**  
Fine Quality 36-inch Longcloth, put up 10 yards in a bolt. Excellent for underwear and children's clothes. Limit, 2 bolts to a customer... **\$1.39**

**COUPON 35**  
**10c and 12c Handkerchiefs**  
Women's Hemstitched Handkerchiefs; daintily embroidered borders and corners; sheer quality and full size; substandards... **6c**

**COUPON 36**  
**50c Boys' "Bear" Brand Stockings**  
Celebrated Heavy School Stockings. 2x1 Bicycle ribbed with double toes and heels and knees. Guaranteed fast colors. 7 to 10½ sizes... **37c**

**COUPON 37**  
**\$1.50 and \$1 House Dresses**  
Gingham and Percale One-piece Dresses, made in fitted-tuned-front style, with buttoned waists and fancy collar and cuffs... **77c**

**COUPON 38**  
**\$22.50 Extra Size Dresses**  
New Fall Silk and Cloth Dresses for extra big women requiring 46 to 54 sizes. Dandy new styles in all the new cloths and colors... **\$16.50**

**COUPON 39**  
**Women's Plush Coats**  
Nine of these Brand-new Coats, made of splendid quality black plush and prettily flowered lined. Big collar and cuffs; belts and pockets... **\$11.77**

**COUPON 40**  
**20c Pink and Blue Outing**  
Back to good, old times when you can buy Heavy Twilled Outing (both sides heavy fleeced at 10¢ a yard). Good supply for gowns and children's wear... **10c**

**COUPON 41**  
**\$1.25 Silk Hose**  
3 Pairs for \$2.00 Pure Tread Substandard Silk Hose, in black and colors, with double toes and heels, narrow ankles and double toes and heels... **67c**

**COUPON 42**  
**98c Table Napkins**  
Restaurants and boarding houses should take advantage of this sale. 15x15 inches. Good for lunches and picnics. Heavy damask; all hemmed... **59c**

**NOTE—Only with coupons will these items be sold.**

**Behrends, 720-24 7th St. N.W.**